



September 2013

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|---|
| 1 Take the Pledge to Tackle Preparedness at beready.iowa.gov | 2 Locate & understand how to turn off utilities in your home. Contact utility company if needed. | 3 Keep financial, health, insurance, and ID records on a secure flash drive or e-mail. | 4 Make arrangements for care of children, pets & others if you're unable to get home during an emergency. | 5 Encourage your employer to Tackle Preparedness! | 6 Plan several evacuation routes from your residence & practice. Set up a meeting place outside. | 7 Keep extra personal items, disposable plates & silverware in a waterproof container. |
| 8 Take videos or pictures of the interior of your home & store on a secure flash drive or e-mail account. | 9 Check your smoke & CO2 alarms monthly. Plan for your pet by assembling an emergency pet kit. | 10 Make emergency contact cards for each family member to carry daily. | 11 Know your employer's plan in case of an emergency. | 12 Make a list of all your bank information with account #s and contact #s. Put this on your flash drive or send to a secure e-mail. | 13 Include 1 gal of water per day per person. Purchase foods with a long-shelf life in your emergency supply kit. | 14 It is time to put that winter emergency vehicle kit together & put it in your car! |
| 15 Create a Family Communication Plan. Establish an out-of-town contact. | 16 Keep toys for pets & children in your kit, a deck of cards, or a small board game the whole family can play. | 17 A first aid kit & a small tool kit that includes a hammer, nails, screw driver, & wrenches will be helpful in your kit. | 18 Keep your emergency kit in a designated location & have it ready in case you have to evacuate quickly! | 19 A map of your local area will be helpful. It is confusing when familiar landmarks no longer exist. | 20 Post pictures on Facebook, Twitter or Instagram of you tackling preparedness! | 21 Other great ideas for that emergency kit: sewing kit, whistle, detergent, hand soap, an extra pair of shoes. |
| 22 Talk to your employer about having emergency kits on hand, volunteer to get the list together & help assemble! | 23 Solar or battery powered weather radio will keep you informed of the most up-to-date information. | 24 Know what your child's school policy is in case of an emergency. | 25 Have a wrench & know how to shut off your natural gas. Gas leaks can cause fires & explosions. | 26 Program your emergency contact in your cellphones under ICE. Have your charger w/ your phone. | 27 Did you know text messages work better than making a call during disasters? Learn to text. | 28 If you plan for all-hazards, your plan will work. Consider what to do if you are separated. |
| 29 If you use a cordless phone at home, it will not work during power outages; keep an older line phone in your kit. | 30 Start planning and purchasing for your emergency to go kit today! | | | This calendar is designed to help you prepare for all hazards. The tips provided here are based on the Safeguard Iowa Partnership's 20 Weeks to Preparedness Program . <i>Remember, during the first 72 hours of disaster you may be on your own for survival before help arrives.</i> | | |



Pledge to Prepare to Tackle Preparedness with Tyler Sash, former Iowa Hawkeye standout and New York Giants safety at www.BeReady.iowa.gov

